

JOB CHAPTER 3 “DO BELIEVERS GET DEPRESSED”

JOBS DEPRESSION

1 After this, Job opened his mouth and cursed the day of his birth. 2 He said:
3 “May the day of my birth perish,

MOSES' DEPRESSION

11 He asked the Lord, “Why have you brought this trouble on your servant? What have I done to displease you that you put the burden of all these people on me? 12 Did I conceive all these people? Did I give them birth? Why do you tell me to carry them in my arms, as a nurse carries an infant, to the land you promised on oath to their ancestors? 13 Where can I get meat for all these people? They keep wailing to me, ‘Give us meat to eat!’ 14 I cannot carry all these people by myself; the burden is too heavy for me. 15 If this is how you are going to treat me, please go ahead and kill me—if I have found favor in your eyes—and do not let me face my own ruin.”

and the night that said, ‘A boy is conceived!’

4 That day—may it turn to darkness;

may God above not care about it;

may no light shine on it.

5 May gloom and utter darkness claim it once more;

may a cloud settle over it;

may blackness overwhelm

it.

6 That night—may thick darkness seize it;

may it not be included among the days of the

year

nor be entered in any of the months.

7 May that night be barren;

may no shout of joy be

heard in it.

8 May those who curse

days curse that day,

those who are ready to rouse Leviathan.

9 May its morning stars become dark;

may it wait for daylight in vain

and not see the first rays of dawn,

ELIJAH THE PROPHET'S DEPRESSION

1 Kings 19:4-9 NIV
4 while he himself went a day's journey into the wilderness. He came to a broom bush, sat down under it and prayed that he might die. “I have had enough, Lord,” he said. “Take my life; I am no better than my ancestors.”
5 Then he lay down under the bush and fell asleep.

APOSTLE PAUL'S DEPRESSION

2 Corinthians 1:8 NIV
8 We do not want you to be uninformed, brothers and sisters,[a] about the troubles we experienced in the province of Asia. We were under great pressure, far beyond our ability to endure, so that we despaired of life itself.

10 for it did not shut the doors of the womb on me
to hide trouble from my eyes.

11 “Why did I not perish at birth,
and die as I came from the womb?

12 Why were there knees to receive me
and breasts that I might be nursed?

DEATH COMES EQUALLY TO ALL

13 For now I would be lying down in peace;
I would be asleep and at rest

14 with kings and rulers of the earth,
who built for themselves places now lying in ruins,

15 with princes who had gold,
who filled their houses with silver.

16 Or why was I not hidden away in the ground like a stillborn child,
like an infant who never saw the light of day?

17 There the wicked cease from turmoil,
and there the weary are at rest.

18 Captives also enjoy their ease;
they no longer hear the slave driver’s
shout.

19 The small and the great are there,
and the slaves are freed from their owners.

20 “Why is light given to those in misery,
and life to the bitter of soul,

21 to those who long for death that does not come,
who search for it more than for hidden treasure,

22 who are filled with gladness
and rejoice when they reach the grave?



FACING YOUR GREATEST FEAR

23 Why is life given to a man

whose way is hidden,

whom God has hedged in?

24 For sighing has become my daily food;

my groans pour out like water.

25 What I feared has come upon me;

what I dreaded has happened to me.

26 I have no peace, no quietness;

I have no rest, but only turmoil.”